



Neatishead and Salhouse Federation

Physical Education Policy

To be reviewed annually	Neatishead & Salhouse Federation Primary Schools
Last reviewed	Feb 2018
Due for review	Feb 2019

Neatishead and Salhouse Federation

Physical Education Policy

1. Introduction:

At Neatishead and Federation, the PE curriculum is based on the September 2014 National Curriculum for Key Stages 1 & 2 and the Early Years 2012 framework in Reception classes and Fledglings.

2. Values:

Our Christian core values of respect, responsibility, perseverance, courage, compassion and trust are embedded in all we do.

We seek to share and enjoy our learning making it as much fun and as relevant as possible providing a joined up learning experience for children through an aspiring curriculum which takes account of children's interests.

Every child is valued as an individual; we aim to nurture enthusiastic, independent, resilient and confident children who will develop life-long learning skills.

We support the emotional, physical and cognitive development of every child in a nurturing environment adopting the THRIVE approach and encouraging them to be creative, unique, open-minded, respectful of themselves and of others in our school, our local community and the wider world.

We take our responsibility to prepare children for life in modern Britain seriously and ensure that the fundamental British Values are introduced, discussed and lived out through the ethos and work of our school.

3. Aims:

To ensure all pupils by the end of Key Stage 2:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives.

4. Pedagogy and Curriculum

Early Years:

Children will begin to develop an awareness of PE through activities linked to Physical Development' as outlined in the Early Years Foundation Stage Curriculum.

Key Stage 1:

Pupils will be taught to:

- master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities
- participate in team games, developing simple tactics for attacking and defending
- perform dances using simple movement patterns
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Key Stage 2:

Pupils will be taught to:

- use running, jumping, throwing and catching in isolation and in combination
- play competitive games, modified where appropriate, and apply basic principles suitable for attacking and defending
- develop flexibility, strength, technique, control and balance
- perform dances using a range of movement patterns
- take part in outdoor and adventurous activity challenges both individually and within a team
- compare their performances with previous ones and demonstrate improvement to achieve their personal best.

5. Assessment for Learning:

Formative Assessment

Formative assessment is a crucial element in children's learning. It is intrinsic to Assessment for Learning - the improving of learning through assessment. Within PE, teachers will:

- Set learning goals for the children.
- Discuss these goals with the children so they understand what they are aiming for.
- Take the learning goals from the knowledge, skills and understanding laid out in the National Curriculum PE guidance.
- Use open-ended, interesting questions and scaffold their learning to help them succeed.
- Give frequent feedback to children about how they are doing and how they can improve.
- Actively involve all children in their own learning through, for instance, discussion and debate with peers and teacher; assessing, reviewing and reflecting on their own performance.
- Use on-going informal assessment (based on observation; discussion; questioning; written and creative work) to adjust teaching and progress the children's learning.
- Notice that speaking and listening are central to formative assessment.

Swimming and water safety

Our schools will provide swimming instruction in key stage 2 using the facilities at Broadland High School

In particular, pupils are taught to:

- swim competently, confidently and proficiently over a distance of at least 25 metres
- use a range of strokes effectively
- perform safe self-rescue in different water-based situations.

Summative Assessment

Pupils are assessed at the end of KS1 and KS2 against the following criteria:

KS1 criteria:
Demonstrate agility, balance and coordination individually and in groups
Engages in competitive physical activities as an individual
Engages in competitive physical activities as part of a team
Perform dances with simple movement pattern

KS2 Criteria
Use a range of skills to make actions and sequences of movement
Play competitive games with others
Enjoy and contribute to team play
Understand, evaluate their performance and aim for personal bests
Swim at least 25 metres
Use a range of swimming strokes
Perform safe self rescue

Progression

Using a specific App, teachers will collect and analyse pupils' data looking for evidence of progression across year groups and using analysis to inform planning. (This approach to evidencing progression will be adopted at Neatishead during 2017-2018 and at Salhouse 2018-2019)

6. Environments for Learning:

Creative ways will be found to enhance school spaces to support the teaching and learning of PE. The library will be appropriately resourced. Visits, visitors and resources will be used to support pupils develop techniques, including their control of different materials, with creativity and experimentation. Cross curricular themes will be used to support the teaching and learning of PE.

7. Pupil and Family Support:

Inclusion

The **PE and Sport Premium Grant** is allocated to contribute to:

- Physical well being
- Mental wellbeing
- Individual Development
- Social and Community Development
- Economic Development

In order to provide all pupils with relevant and appropriate work at each stage:

- We set suitable learning challenges
- Respond to pupils' diverse needs
- Endeavour to overcome potential barriers to learning
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Learning is planned and adapted to enable children to broaden, deepen and accelerate their understanding and development of skills and knowledge. Children are challenged to think at depth and deepen their learning. Our PE curriculum is inclusive and promotes a growth mind set in all our children. Extra support and interventions are provided for children as necessary and in line with our SEND policy.

Home Learning

Regular 'Parent Plans' are shared with parents and carers by each class teacher with guidance on home learning activities which will support learning.

Reporting

Regular Structured Conversations/Parents' Consultations are scheduled when pupils' progress and attainment are discussed and targets set. A formal written report is issued at the end of the academic year.

Health and safety

Whilst planning for the curriculum, teachers will give consideration to any relevant risks. If appropriate, these will be highlighted on planning and the appropriate documents completed to meet with health and safety regulations.

8. Roles and Responsibilities:

Leading

The teaching team and Sports' Coach in each school work collaboratively to lead and develop the PE curriculum.

Monitoring

The headteacher, senior leadership team and governors monitor the effectiveness of the music curriculum.

