

Dear parents and carers,

Your children make me smile! They are so full of enthusiasm in all they do. This month we have focused on understanding more about Black History Month. You might be interested in this website <https://wordsforlife.org.uk/parent-support/celebrating-black-history-month-with-your-little-ones/>

We are looking forward to Harvest Festival next week, hopefully many of you will be able to join us.

Thank you for signing up for the parent's consultation meetings next week, this is such an important event in our school calendar and your attendance really supports the children's progress.

Wishing you a lovely weekend!
Julie

IMPORTANT NOTICE ABOUT PARKING

Reports from local residents have been passed to the Parish Council with concerns about parking outside the school at drop off & pick up times. Please could we remind you not to park on the bends or opposite people's driveways stopping them from entering/leaving their property. If the issues continue, it is possible that double yellow lines will be painted to stop parking all together.

Please use the car park at the park if at all possible.



Thank you for all your wonderful Harvest donations. They will be taken to our local foodbank.



Looking ahead

Tuesday 18th October – Harvest Festival Service – St Peter's Church – 9.30am

Wednesday 19th October – Cluster Football

Friday 21st October – Break up for half term

Monday 31st October – Back to school

Wednesday 2nd & Thursday 3rd Nov – Bikeability for Year 5 & 6 pupils who have returned permission slips.

Monday 7th November – Individual and sibling photographs

Thursday 10th November – Flu immunisations. Please see separate email that was sent to give/withdraw consent.

Emotional Health and Mindfulness

Just One Norfolk have free access to Lumi Nova; a new therapeutic mobile game to help 7-12 year olds learn to self-manage their fears and worries. Lumi Nova; provides a fun, safe and encouraging way for children and young people to tackle their worries head on so they can build resilience, gain confidence and thrive.

For more information on how to download please visit the Just One Norfolk website

<https://www.justonenorfolk.nhs.uk/emotional-health/children-young-peoples-emotional-health/lumi-nova-app/>

Also available is free app for parents and children to use to help with mindfulness

<https://www.justonenorfolk.nhs.uk/emotional-health/children-young-peoples-emotional-health/emotional-health-activities/mindfulness-activities/>

In advance of the Bikeability training, the link below might be useful. This is a father and son company who drive around Norfolk fixing people's bikes. They regularly travel around the villages.
<https://www.mooreandsoncycles.com/>



Meet our Harvest Scarecrow that has been entered into a competition at Wroxham Barns. The prize for the best Scarecrow is 50 passes to the junior farm, so fingers crossed.

