

Neatishead VC Primary School 2023 – 2024

Sports and PE Grant

' Soar on Wings'

Context: Our school understands the difference PE, School Sport and Physical Activity makes to the development of well-balanced responsible individuals. As a school we aim to use the Sports and PE Grant effectively to have an impact on Teaching, Learning and Assessment and Personal Development and Behaviour. We seek to ensure all our pupils access sustainable high quality PE, school sport, physical activity and healthy lifestyle choices. The support of our pupils' mental health and time outdoors is of increased priority in light of the impact of the pandemic.

We want our children to:

- Enjoy at least 60 minutes of physical activity each day with at least 30 minutes at school.
- Know we value and enjoy PE, sport and physical activity.
- Be taught by staff with good knowledge, skills and confidence in sport and PE.
- Be taught by staff who creatively plan for learning in the outdoors and through physical activity across the curriculum
- Enjoy a school learning environment which supports physical activities and healthy lifestyle choices.
- Experience a range of sports and activities
- Have opportunities to take part in competitive sports within the cluster, federation and house system.
- Develop strategies to keep them physically and mentally healthy and strong
- To develop and apply the school's Christian core values of respect, responsibility, compassion, courage, trust and perseverance.

We will report on the impact and key achievements of our work in March 2024

Commitment : 2023-2024

KPI 1: The engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school

- Continue to promote 'Walking to School' culture / use of park after school
- Maximise use of village facilities to promote physical activity and links activity with an interest in nature
- Maximize use of school grounds throughout the school day in response to pupil voice and with a view to increasing physical challenge
- Pupils in YR/1/2 to access outdoor learning through Forest School weekly
- Upper KS2 to access gardening activities
- Increase opportunities for participating in a wider range of physical activities through all areas of the curriculum
- Offer regular After School activities/cluster events

KPI 2: The profile of PE and sport is raised across the school as a tool for whole-school improvement

- Teachers plan outdoor learning opportunities in all areas of the curriculum
- Staff and children adopt an 'all weather' approach to being in the outdoors during the school day

- Strategies in place to celebrate and share the joy of participating in sport, PE and outdoor learning and play

KPI3: Increased confidence, knowledge and skills of all staff in teaching PE and sport

- Develop the role of the Sports Champion in developing the skills and commitment of colleagues
- Provide training opportunities/peer network opportunities linked to PE, Sport, physical activity and healthy lifestyles
- Further develop partnership with Premier Sport and Sports United to impact the knowledge, skills and confidence of staff
- Employ a specialist sports' coach to support the delivery of PE and upskill TAs

KPI 4: Broader experience of a range of sports and activities offered to all pupils

- Provide taster sessions and curriculum days to introduce pupils to new activities and skills
- Purchase creative resources to enable pupils to explore new activities
- Follow an international sporting event as a school linked to the curriculum to generate an excitement for Sport and PE
- Fully participate in the Broadland Cluster Events programme

KPI 5: Increased participation in competitive sport

- Support and contribute to the development of small schools' networks (Federation, Cluster, NE Norfolk Rural Schools)
- Fully contribute to and access cluster events through the Broadland cluster
- Embed activities which encourage pupils to gain personal bests
- Develop the competitive element through the school's House system

KPI 6: Children make consistent informed health lifestyle choices related to diet and hydration and increase opportunity for KS2 children to practise swimming and meet and exceed the national curriculum requirement

- Curriculum includes opportunities for pupils to develop understanding and knowledge of healthy lifestyle choices with a focus on resilience and good mental health (visitors and visits to support this area)
- Make individual arrangements, as/if required to support KS2 non/weaker swimmers

Meeting national curriculum requirements for swimming and water safety	
What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres?	88%
What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?	63%
What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?	75%
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?	Funds allocated to use but not required

Academic Year: 2023/2024	Total fund allocated: £16.540 c/f £6800 Total £23340	Date Updated: April 2023		
Key indicator 1: The engagement of <u>all</u> pupils in regular physical activity - Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school				Percentage of total allocation: 81
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact: Review: March 2024	Sustainability and suggested next steps:
<ul style="list-style-type: none"> Further work in partnership with parents to promote walking/scooting/cycling to school/parking away from school and walking in and so increasing physical activity children enjoy each day. Increase opportunities for outdoor learning and increasing physical challenge. Increase opportunities for participating in a wider range of 	<ul style="list-style-type: none"> Awareness raising events with links to school curriculum Awareness raising on website. School video/newsletter Team Challenges Further invest in Forest School /EY area /Gardening/Pond Resource outdoors to support the delivery of curriculum in all subject areas in the outdoors Resource high quality PE lessons Resource high quality sports clubs 	Sports Coach Sports United Lessons and clubs £2262 Sports Champion lessons plus clubs £2700 Premier Sports £1800 Forest School /Gardening resources/market stall £1200		<ul style="list-style-type: none"> Parent partnership Federation and new partnership school peer support Cluster Schools contribution and participation Small Schools network All weather resources Apparatus which enables increasing physical challenge

<p>physical activities for all.</p> <ul style="list-style-type: none"> • Develop and zone the outdoor area to support a broad range of outdoor physical activity including the development and maintenance of Forest School and use of tree belt. • Further develop and embed free flow for Early Years (4-5 yr olds), outdoor reflection area for KS1 and gardening for KS2. • Maintenance of outdoor area and line marking 	<ul style="list-style-type: none"> • Extend the activity apparatus on field 	<p>Grounds /Markings/ Tree Maintenance £3140</p> <p>Contribution to outdoor classroom £7738</p>		<ul style="list-style-type: none"> • Training and upskilling staff • Pupil peer support • Growth Mindset • Pupil and Family Support Systems • Core values • Children's University • Links with Parish Council
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Key indicator 2: The profile of PE and sport being raised across the school as a tool for whole school improvement

Percentage of total allocation:

3,4

School focus with clarity on intended

Actions to achieve:

Funding allocated:

Evidence and impact: Review:

Sustainability

impact on pupils:			March 2024	
<ul style="list-style-type: none"> • Embed leadership/coaching roles for KS2 pupils. • Develop website, newsletter, social media and displays. • Develop the work of Sports PE Champion (EF). • TA/Sports Champion (EF) to work with Sports Coach and liaise with teachers and champion sports and PE across the school, federation and cluster 	<ul style="list-style-type: none"> • Increase role of sports captains • Develop role of playtime buddies • EF to attend all sports events • Delegated responsibility for website/social media/displays • EF to meet regularly with PW and SLT 	<p>Leadership £800</p>		<ul style="list-style-type: none"> • House captains • Sports Champion (EF) • Delegated pupil responsibilities • Delegated staff responsibilities (website, social media, displays, sports champion) • Federation/Partnership staff team to lead development • Designated governor for sports and PE Grant (JG) • Cluster Schools • Small Schools Network • Community and local

				<p>press</p> <ul style="list-style-type: none">• Self and peer assessment
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Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport				Percentage of total allocation:
				5.6
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact: Review: March 2024	Sustainability
<ul style="list-style-type: none"> Further embed assessment of PE to inform planning for individuals, groups and whole school improvement. Increase staff training opportunities to impact on mental health, PE assessment and PE and outdoor learning. 	<ul style="list-style-type: none"> Training for staff EY specialist TA to cascade good practice to the staff team NP 1 hour PPA/week 	Training £100 Staff time to plan and lead training (EF) £650 Get Set for PE software £500		<ul style="list-style-type: none"> Upskilled staff Opportunities to cascade training to staff, parents and pupils
Key indicator 4: Broader experience of a range of sports and activities offered to all pupils				Percentage of total allocation:
				2.1
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact: Review: March 2024	Sustainability

<ul style="list-style-type: none"> Provide taster sessions for children to have a broader experience of a range of sports and physical activities. 	<ul style="list-style-type: none"> Continue partnership with Premier Sport and Sports United Bring in wider variety of taster sessions using community links eg dance/yoga/mindfulness 	Premier Sports and other taster sessions £500		<ul style="list-style-type: none"> Parent partnership Community Partnership Children's' University membership
Key indicator 5: Increased participation in competitive sport				Percentage of total allocation: 3.4
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact: Review: March 2024	Sustainability
<ul style="list-style-type: none"> Inter-house competitions allowing 100% pupils to experience competitive sport as individuals and as teams. Proactively support and participate in small schools sporting events and cluster events. 	<ul style="list-style-type: none"> Interhouse competitions at playtime and in PE lessons Participate in small schools events and cluster events Host /participate in small schools event 	O/T/Supply £ 200 Transport £500 Evolve £100		<ul style="list-style-type: none"> House captains Inter house events linked to core values Celebration assemblies Cluster working Links with High School

<p>Other: Key Indicator 6: Children make consistent informed health lifestyle choices related to diet and hydration Increase opportunity for KS2 children to practise swimming and meet and exceed the national curriculum requirement</p>				<p>% total allocation 4.9</p>
<ul style="list-style-type: none"> • Work in partnership with parents and other agencies to improve healthy eating lifestyle choices and raise awareness of importance of hydration. • Add further swimming sessions for KS2 and arrange targeted sessions for those in need of additional support. • Resource RSHE DT and Science to enrich the curriculum related to healthy lifestyle choices 	<p>Actions to achieve:</p> <ul style="list-style-type: none"> • Activities and events throughout year to raise awareness of diet linked to curriculum • Arrange targeted swimming sessions as and when • Resource school to support mindfulness, reflection and prayer 	<p>Funding allocated:</p> <p>Swimming Transport/hire £900</p> <p>Additional swimming sessions £50</p> <p>Healthy lifestyle resources £200</p>	<p>Evidence and impact: Review: March 2024</p>	<p>Sustainability</p> <ul style="list-style-type: none"> • Parent partnership • Community partnership • Broad balanced curriculum • Well stocked library/resources • Links with outside agencies